

## Classroom lesson Plan and answers Produced by Quit Victoria

Lesson Plan: [OxyGen website](#)      Teacher:      Date:      No. participants:      Duration: 50 mins

Objective: For students to obtain a greater understanding about tobacco by exploring the OxyGen website, playing website games, and recording answers to questions on their worksheets.

Resources/materials: computer lab classroom (one computer per student), student OxyGen worksheets, student OxyGen surveys, and giveaways

PHASE OF SESSION/ TIME	RESOURCES/MATERIALS/ ORGANISATION	TEACHING POINTS	LESSON ACTIVITIES
INTRODUCTION (5 mins)	computer lab (computer for each student)  OxyGen worksheets  pencils and pens	Ensure each student has a computer and internet access.  Ensure each student receives an OxyGen worksheet sheet.	Inform students to log in and visit <a href="http://www.oxygen.org.au">www.oxygen.org.au</a> . Brief students on lesson activity and tight timeframe.  Tell students they have until 45 minutes to do OxyGen worksheet activity (explore website and answer questions).



# OxyGen Worksheet ANSWERS

Welcome to [www.OxyGen.org.au](http://www.OxyGen.org.au)

Explore the site, open all sections of OxyGen and answer the following questions.

Go to Interact and take the O2 quiz. Write down 3 TRUE facts about smoking

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Answers can be found under “Interact”, “O2 Quiz”**

Conduct an Interactive Biopsy.

List 3 smoking related illnesses/health conditions and the body parts they affect.

- |      |  |                                   |
|------|--|-----------------------------------|
| E.g. | Emphysema  | Lungs                             |
| 1.   | <i>Peripheral vascular disease<br/>can lead to gangrene and can result in amputation</i> | <i>arteries in arms and legs</i>  |
| 2.   | <i>Osteoporosis</i>  | <i>bones</i>                      |
| 3.   | <i>Premature ageing/wrinkles</i>   | <i>skin</i>                       |
|      | <i>Impotence</i>   | <i>penis</i>                      |
|      | <i>Miscarriage</i>   | <i>female reproductive organs</i> |
|      | <i>Infertility</i>   | <i>male reproductive organs</i>   |

<i>Stomach cancer</i>	<i>female reproductive organs</i>
<i>Stomach ulcers</i>	<i>stomach</i>
<i>Heart disease</i>	<i>stomach</i>
<i>Bronchitis</i>	<i>heart</i>
<i>Lung cancer</i>	<i>lungs</i>
<i>Cataracts</i>	<i>lungs</i>
<i>Macular degeneration</i>	<i>eyes</i>
<i>Loss of smell and taste</i>	<i>eyes</i>
<i>Gum disease/oral cancers</i>	<i>nasal cavity / tongue</i>
<i>Stroke (blood clot in brain)</i>	<i>teeth, gums, tongue</i>
<i>just to name a few....</i>	<i>brain</i>

*Answers can be found under “Interact”, “Interactive Biopsy”*

*Answers can be found under “Hard facts”, “What one cigarette does”*

*Answers can be found under “Hard facts”, “Tobacco in Australia”*

Using *Scary Maths*, if you smoke 10 cigarettes a week, how much do you spend in a month? **\$16.21**

What can you buy with this amount?

*2 movie tickets*

**Answers can be found under “Interact”, “Scary Maths”**

Using *Scary Maths*, if you smoke 5 cigarettes a day, how much do you spend in a month? **\$56.88**

What can you buy with this amount?

*A soccer ball*

Answers can be found under “Interact”, “Scary Maths”

Using *Scary Maths*, if you smoke 25 cigarettes a day, how much do you spend in a month? *\$284.40*

What can you buy with this amount?

*A portable CD player*

Answers can be found under “Interact”, “Scary Maths”

List 3 poisons found in cigarettes and other products in which they are found.

- |      |                               |   |
|------|-------------------------------|---|
| E.g. | ammonia                       | window cleaner                              |
| 1.   | <i>Arsenic</i>                | <i>ant killer</i>                           |
| 2.   | <i>Lead</i>                   | <i>hair dye / petroleum / car batteries</i> |
| 3.   | <i>Formaldehyde</i>           | <i>preservative for dead people</i>         |
|      | <i>Phosphorous</i>            | <i>rat poisoning</i>                        |
|      | <i>Methoprene</i>             | <i>flea spray</i>                           |
|      | <i>Acetone</i>                | <i>nail polish remover</i>                  |
|      | <i>Tar</i>                    | <i>roads, bitumen</i>                       |
|      | <i>Turpentine</i>             | <i>paint stripper</i>                       |
|      | <i>Benzopyrene</i>            | <i>chemical in tar</i>                      |
|      | <i>Cadmium</i>                | <i>batteries</i>                            |
|      | <i>Hydrogen cyanide</i>       | <i>gas chambers</i>                         |
|      | <i>Naphthalene</i>            | <i>moth balls</i>                           |
|      | <i>Methanol</i>               | <i>rocket fuel</i>                          |
|      | <i>Butane</i>                 | <i>lighter fluid</i>                        |
|      | <i>Just to name a few....</i> |   |

Answers can be found under “Hard Facts”, “What’s in cigarettes” or  
Answers can be found under “Interact”, “What’s in cigarettes”

Read “Don’t become a target” under Tar Wars. How do movies promote smoking to young people?

*Today’s movies are the smokiest since 1950.*

*Three-quarters of all U.S. movies in 2002 portrayed smoking.*

*Between May 31, 2002 and May 26, 2003 in America:*

- 73% of all top grossing films contained tobacco smoking*
- 82% of top grossing PG-13 films contained tobacco smoking, compared to "only" 76% of R rated films. (39% of PG films contained tobacco)*
- 66% of movies featuring smoking carried youth ratings of G, PG, or PG-13*

Some actors and producers get paid or receive gifts from tobacco companies to

*promote or use their brand of cigarettes. When this happens it is known in the trade as product placement.*

*The amount of smoking in films is increasing and yet tobacco use in the population continues to drop! Could writers be more creative?*

What three state organisations manage the OxyGen website?

*Quit Victoria, Quit South Australia and the Smarter than Smoking Project, WA*

Answers can be found under “About us”

What does ANYPAT stand for?

Australian Network on Young People and Tobacco

Answers can be found under “Resources”, “ANYPAT”

What two annual projects does ANYPAT coordinate?

National Youth Tobacco Free Day and Critics’ Choice

Answers can be found under “Resources”, “ANYPAT”

What is the date of National Youth Tobacco Free Day 2006?

5<sup>th</sup> April 2006

Answers can be found under “Latest News”

Under what section did you find this out?

Latest News

What does CEITC stand for?

Centre for Excellence in Indigenous Tobacco Control

Answers can be found under “Hard Facts”, “How many people smoke” or

Answers can be found under “Links”, “Aussie Links”

What does CEITC do?

*CEITC is committed to improving health outcomes among Indigenous communities through increasing awareness about the harms of tobacco and developing programs that support Indigenous Australians not to smoke. (Or something along those lines...)*

Answers can be found under “Hard Facts”, “How many people smoke” or  
Answers can be found under “Links”, “Aussie Links”

Write down 3 facts about smoking you did not know before visiting OxyGen

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Finished the questions?

Collect a survey from the teacher. Quit wants to hear what you think of OxyGen!



What can you buy with this amount?

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Using *Scary Maths*, if you smoke 5 cigarettes a day, how much do you spend in a month?

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What can you buy with this amount?

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Using *Scary Maths*, if you smoke 25 cigarettes a day, how much do you spend in a month?

---

What can you buy with this amount?

---

List 3 poisons found in cigarettes and the products in which they are found.

E.g. ammonia window cleaner

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2. \_\_\_\_\_

3. \_\_\_\_\_

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