



# FREE Nicotine Replacement Therapy (NRT)

Quitline Tasmania is currently providing FREE Nicotine Replacement Therapy (NRT).

NRT products help to reduce nicotine withdrawal symptoms such as cravings, irritability, mood swings and anxiety, making quitting easier.

NRT along with behavioural support from our qualified counsellors = a greater chance of successfully quitting.

Refer your clients/patients here



REFERRAL FORM



\*Available to those who are:

- Youth (12-25 years)
- Aboriginal and Torres Strait Islander
- Pregnant and/or their partner
- Parents of a child aged 0-12 months
- Eligible for the National Lung Cancer Screening Program

\*Conditions may apply. Limited time only.

Or encourage them to contact us (8am-8pm Monday-Friday) They can:

**Call** us on 13 7848 or

**Text** "FREERT" to 0489 077 077



[quittas.org.au](http://quittas.org.au)