

**FREE**  
Nicotine  
Replacement  
Therapy Program



**Quitline**  
**13 7848**

# FREE PRODUCTS TO HELP YOU QUIT\*



## Patches



## Gum



## Lozenge

### What is NRT?

NRT (Nicotine Replacement Therapy) products are designed to reduce nicotine withdrawal symptoms such as cravings, irritability, mood swings and anxiety during a quit attempt.

### Why use NRT?

It makes quitting easier. You are more likely to quit and stay quit.

\*Available to those who are:

- ☒ Aged 12-25 years old
- ☒ Aboriginal and Torres Strait Islander
- ☒ Pregnant and their partner

Conditions may apply. Limited time only.

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**13 7848**

**Apply now!**

Call us on 13 7848 or  
Text "FREENRT" to 0489 077 077

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