

# e-cigarettes and nicotine: the facts

Most e-cigarettes on the market in Australia **contain nicotine**, even those that claim that they don't. Labels are frequently wrong.

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Your brain is still developing until you're 25. Nicotine use **affects brain development** especially the part responsible for attention, memory and learning.

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Nicotine is **highly addictive**.



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The nicotine in **1** e-cigarette can equal **200** cigarettes